

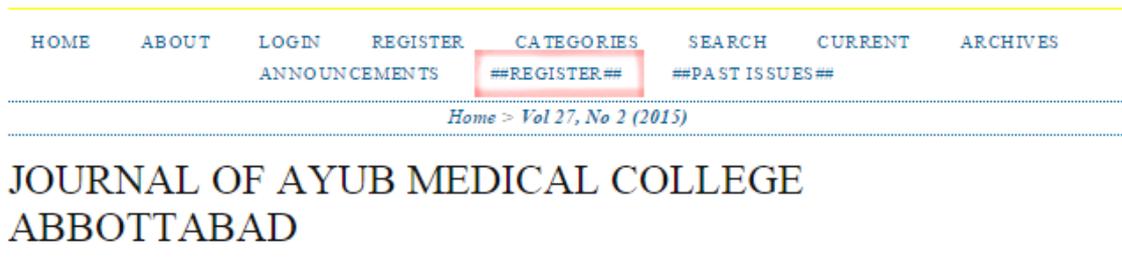
## [HOW TO SUBMIT ARTICLES TO JAMC](#)

Thank you for choosing *JAMC* for publication of your research. *JAMC* uses Open Journals System which requires user registration with the website before the user is able to submit his or her research.

### THE PROCESS:

In order to Register with the Journal, please click on the REGISTER button present on the navigation bar at the top of the webpage.

Here is an image of the navigation bar:



J Ayub Med Coll Abbottabad, the printed and online Journal of Ayub Medical College Abbottabad Pakistan, is an indexed journal, recognised by Pakistan Medical and Dental Council (PM&DC) as a Standard Medical Journal, and is rated 'Y' by Higher Education Commission (HEC) of Pakistan. It is registered with Serial Data System of France (pISSN 1025-9589 and eISSN 1819-2718) and indexed with PubMed and Medline and PakMediNet. It is the second journal from Pakistan to achieve this status, and the first journal of any medical college of Pakistan to be internationally indexed and the first Pakistani Medical Journal available Full Text with Illustrations FREE online.

The journal is published quarterly and contains articles of medical research interest having basic, applied or clinical research content.

Please note that you have to check the last check box on the registration page before clicking register, as illustrated below:

The image shows a registration form on the JAMC website. The form includes fields for Country, Bio Statement (E.g., department and rank), and Confirmation. The Confirmation section has three checkboxes: "Send me a confirmation email including my username and password", "Reader: Notified by email on publication of an issue of the journal.", and "Author: Able to submit items to the journal." The "Author" checkbox is checked, and a red arrow points to it. Below the form are "Register" and "Cancel" buttons. A note at the bottom states "\* Denotes required field".

Once you have registered and then logged in, please follow this sequence to submit your research. After logging-in to the Journal using the username and password that you just created, you will be presented with the following dashboard.

You can either click on the “Author” to the left or “New Submission” on the right side. It is better to click “New Submission” right away!!.

EDITORIAL BOARD    HOME    ABOUT    USER HOME    CATEGORIES    SEARCH  
GUIDELINES FOR AUTHORS    CURRENT    ARCHIVES    ANNOUNCEMENTS    ##REGISTER##  
ADVISORY BOARD    ##PAST ISSUES##  
Home > User Home

**USER HOME**

**JOURNAL OF AYUB MEDICAL COLLEGE  
ABBOTTABAD**

Author    0 Active    0 Archive    **[New Submission]**

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Clicking it will lead you to another page, the step-1 of the five step submission process.

**AUTHORS' UNDERTAKING AND CONTRIBUTIONS FORM**

**REVIEWERS LIST**

**GUIDELINE FOR REVIEWERS**

**CONTACT US**

**STEP 1. STARTING THE SUBMISSION**

1. START    2. UPLOAD FILES    3. CONFIRM    4. UPLOAD SUPPLEMENTARY

Encountering difficulties    tance.

**JOURNAL OF AYUB MEDICAL COLLEGE ABBOTTABAD**

Select the appropriate section (from the list of sections in About the Journal).

Section \*    Please select a section...  
Please select a section...  
EDITORIAL  
ORIGINAL ARTICLE  
REVIEW ARTICLE  
SYSTEMATIC REVIEW  
CASE REPORT  
SPECIAL COMMUNICATION  
SHORT COMMUNICATION  
VIEWPOINT  
LETTER TO THE EDITOR  
QUIZ  
PICTORIAL  
Please select a section...

Here, you will be asked to choose the appropriate section of the journal you want to submit your research to. There will be some additional information below this and if you feel like informing the editor about something important, you can leave a comment.

After you are done, please click “Save and continue”.

**Step 2** of the process involves uploading the research article to *JAMC*. Here is a pictorial summary of this process.

## STEP 2. UPLOADING THE SUBMISSION

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1. START 2. UPLOAD SUBMISSION 3. ENTER METADATA 4. UPLOAD SUPPLEMENTARY FILES 5. CONFIRMATION

To upload a manuscript to this journal, complete the following steps.

1. On this page, click Browse (or Choose File) which opens a Choose File window for locating the file on the hard drive of your computer.
2. Locate the file you wish to submit and highlight it.
3. Click Open on the Choose File window, which places the name of the file on this page.
4. Click Upload on this page, which uploads the file from the computer to the journal's web site and renames it following the journal's conventions.
5. Once the submission is uploaded, click Save and Continue at the bottom of this page.

Encountering difficulties? Contact [Munir Abbasi](#) for assistance.

### SUBMISSION FILE

No submission file uploaded.

Upload submission file

Choose File No file chosen Upload

ENSURING A BLIND REVIEW

Save and continue Cancel

Please first choose the file you want to upload by clicking "Choose file" and then click upload. It will show you the file uploaded to JAMC.

Click "save and continue" when you are done with this.

Step-3 involves entering the meta data of the article which includes Author's information, email address, affiliations and brief Bio. If there are more than one authors, the same process can be repeated for every author by clicking the "Add Author" button at the end of Author's metadata.

The next section of the same step requires entering the title of the research article and, optionally, abstracts and references. **Please note that this journal requires authors to file a **COMPETING INTERESTS STATEMENT**.** Guidelines for filing a statement of competing interest can be found on the About page of this website.

### Authors

First Name *	<input type="text"/>
Middle Name	<input type="text"/>
Last Name *	<input type="text"/>
Email *	<input type="text"/>
ORCID iD	<input type="text"/>
<small>ORCID iDs can only be assigned by the <a href="#">ORCID Registry</a>. You must conform to their standards for expressing ORCID iDs, and include the full URI (eg. <a href="http://orcid.org/0000-0002-1825-0097">http://orcid.org/0000-0002-1825-0097</a>).</small>	
URL	<input type="text"/>
Affiliation	<input type="text"/>
<small>(Your institution, e.g. "Simon Fraser University")</small>	
Country	<input type="text" value="Pakistan"/>
Competing interests <small>CI POLICY</small>	<input type="text"/>
Bio Statement <small>(E.g., department and rank)</small>	<input type="text"/>

Step 4 allows the authors to upload supplementary files with their research article. These can be anything related to the research article but it is preferable that the Author's undertaking and contribution form be uploaded at this step. The form can be accessed by clicking the top most links in the left side bar at <http://jamc.ayubmed.edu.pk>

Here is what to expect in step -4:

## Step 4. Uploading Supplementary Files

1. START 2. UPLOAD SUBMISSION 3. ENTER METADATA 4. **UPLOAD SUPPLEMENTARY FILES** 5. CONFIRMATION

This optional step allows Supplementary Files to be added to a submission. The files, which can be in any format, might include (a) research instruments, (b) data sets, which comply with the terms of the study's research ethics review, (c) sources that otherwise would be unavailable to readers, (d) figures and tables that cannot be integrated into the text itself, or other materials that add to the contribution of the work.

ID	TITLE	ORIGINAL FILE NAME	DATE UPLOADED	ACTION
<i>No supplementary files have been added to this submission.</i>				

Upload supplementary file  No file selected  ENSURING A BLIND REVIEW

Please click "Save and continue" when you have finished uploading the supplementary files. The final step will show a summary of the article uploaded and you can finish submission process at that step. After you have finished the submission process, you will be taken to the Active Submissions page where you can monitor the progress of editorial process on your research article.

Best of Luck!