

GUIDELINES FOR AUTHORS

Student Journal of Ayub Medical College Abbottabad agrees to accept manuscripts prepared in accordance with the Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly Work in Medical Journals Updated December 2014 and available at www.icmje.org

Manuscripts are accepted for consideration if neither the article nor any of its contents has been or will be published or submitted elsewhere before appearing in Journal of Ayub Medical College. Authors will have to register their account on www.sjamc.ayubmed.edu.pk and submit their manuscript through that account. A brief tutorial for manuscript submission can be found on www.sjamc.ayubmed.edu.pk/..... Authors are required to submit an undertaking signed by all the authors, (certifying originality of work and that the article has not been or will not be published elsewhere, and transfer of copyrights to SJAMC). Specimen for the undertaking is available online at www.ayubmed.edu.pk/sjamc/undertaking.pdf. No more than 12 names will be listed under the title; other names will appear in a footnote.

Research and Publication Ethics: The authors must declare approval of the 'Research Ethics Committee' and clearly mention any 'Conflict of Interest' either in the script or attached document.

Abstracts:

Abstract should not exceed more than 250 words. This abstract should consist of four paragraphs, labelled Background, Methods, Results, and Conclusions. They should briefly describe, respectively, the problem being addressed in the study, how the study was performed, the salient results, and what the authors conclude from the results.

Keywords: Three to 10 keywords or short phrases should be added to the bottom of the abstract page. Please use terms from the Medical Subject Headings (MeSH) of Index Medicus.

Introduction, Materials & Methods, Results, Discussion, Conclusions, Acknowledgements and References should all start on a separate page from page 3 onwards.

References: The total number of references in an Original Article must not exceed 40, while in the Review Articles maximum limit of references is 100. References must be written single-spaced and numbered as they are cited in the text. The references must be written in **Vancouver style**. The style for all types of references is given in the 'Uniform requirements for manuscripts submitted to biomedical journals' at the website of International Committee of Medical Journal Editors, www.icmje.org. List all authors when they are six or fewer. If they are seven or more, list the first six followed by 'et al'. Following are examples of reference citation:

Journal Article: Ashraf T, Yousaf K, Karim MT. Early experience of endovascular treatment of peripheral vascular disease. *J Ayub Med Coll Abbottabad* 2015;27(1):93–6.

Books: Polit DF, Hungler BP. *Nursing research principles and methods*. 6th ed. Philadelphia: Lippincott Williams & Wilkins; 1999.

Chapter in Book: Woessner JF. Lysosomal function. In: Dingle JT, Fell HG, editors. *Lysoosomes, in biology and pathology*. London: North Holland Publishing Co; 1969:299–329.

Tables and Illustrations: Tables and figures should be submitted separately as guided in the automated submission software and must have a title, and be on double space. Figures should be professionally designed. Symbols, lettering, and numbering should be clear and large enough to remain legible after the figure has been reduced to fit the width of a single column of 3 inch. If photographs of patients are used, either the subjects should not be identifiable or their pictures must be accompanied by written permission to publish the picture. Duplication of results given in tables and figures must be avoided.

Units of Measurement: All measurements should be expressed in conventional units, with **System International (SI)** units given in parentheses throughout the text.

Abbreviations: Except for units of measurement, abbreviations are discouraged. The first time an abbreviation appears it should be preceded by the words for which it stands, However, title and abstract must not contain any abbreviations.

Names of Drugs: Brand names of drugs are not permitted. Only generic names of drugs should be used.

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Review and Processing: An acknowledgment is issued on receipt of the manuscript. The manuscripts are examined by the editors and then sent for peer review. The comments of reviewers are then conveyed to the corresponding author. After correction/amendments by the authors, acceptance letter for accepted article is issued, and the article is placed in queue for printing. Authors are required to submit the publication fee once the manuscript is ready for publication.

Case Report: Short report of cases, clinical experience, drug trials or adverse effects may be submitted. They must not exceed 500 words, 5 bibliographic references and one table or illustration. The report must contain genuinely new information. **The format is Title, Abstract, Introduction, Case Report, Discussion, and References.**

Authors should take help from following guidelines in writing manuscripts:

Initiative	Type of study	Source
CONSORT	randomized controlled trials	http://www.consort-statement.org
STARD	studies of diagnostic accuracy	http://www.consort-statement.org/stardstatement.htm
QUOROM	systematic reviews and meta-analyses	http://www.consort-statement.org/Initiatives/MOOSE/moose.pdf
STROBE	observational studies in epidemiology	http://www.strobe-statement.org
MOOSE	meta-analyses of observational studies in epidemiology	http://www.consort-statement.org/Initiatives/MOOSE/moose.pdf