

# RENAL-II MODULE 4<sup>th</sup> Year MBBS

KMU (IHPER)- Central Curriculum Committee

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### Khyber Medical University (KMU) Vision:

Khyber Medical University will be the global leader in health sciences academics and research for efficient and compassionate health care.

### Khyber Medical University (KMU) Mission:

Khyber Medical University aims to promote professional competence through learning and innovation for providing comprehensive quality health care to the nation.

### Institute of Health Professions Education & Research (IHPER) Mission:

To produce leaders, innovators and researchers in health professions education who can apply global knowledge to resolve local issues.

# Themes

# Table 1 : Themes

| S# | Theme                 | Duration in Weeks |
|----|-----------------------|-------------------|
| 1  | Facial swelling       | 1 week            |
| 2  | Scanty Urine          |                   |
| 3  | Loin pain and dysuria | 2 weeks           |
| 4  | Urinary retention     |                   |

# **Teaching Hours Allocation**

## Table 2: Hours allocation for different subjects

| S. No | Subject            | Hours |
|-------|--------------------|-------|
| 1     | Pathology          | 20    |
| 2     | Pharmacology       | 4     |
| 3     | Forensic medicine  | 1     |
| 4     | Community medicine | 20    |
| 5     | Medicine           | 9     |
| 6     | Family medicine    | 1     |
| 7     | Surgery/urology    | 11    |
| 8     | Anatomy            | 2     |
| 9     | Physiology         | 1     |
| 10    | Biochemistry       | 1     |
| 11    | Pediatrics         | 3     |
| 12    | Gynaecology        | 1     |
| 13    | Radiology          | 1     |
| 14    | Research *         | 8**   |
|       | Total              | 75    |

# **Learning Objectives**

#### By the end of Renal Module, 4th year MBBS students will be able to:

- 1) Describe applied anatomy of Urinary System with video demonstration
- 2) Discuss physiology of the renal system
- 3) Describe the different Acid-base Disorders and the Mechanism for maintaining Acid-base Balance
- 4) Classify the diseases involving glomeruli, tubules, interstitium, renal blood vessels, Chronic nephron loss, Cystic, urine out flow obstruction, congenital-developmental and neoplastic diseases of renal system
- 5) Describe the etiology, pathogenesis, clinical manifestations, diagnosis, and prognosis of the renal system diseases.
- 6) Perform various practical's used in laboratory diagnosis of renal diseases.
- 7) Describe the Pharmacology of drugs used in the treatment of Renal System Diseases.
- 8) Describe ethics of Organ Transplantation.
- 9) Describe prevalence of renal diseases.
- 10) Describe the clinical features of renal diseases.
- 11) Diagnose & manage Acute & Chronic Kidney Disease, Nephrotic, Nephritic Syndromes, Urinary Tract Infections.
- 12) Management of Urinary Tract Infections, Chronic Kidney Diseases & Renal Transplant patients during Pregnancy.
- 13) Enumerate/Describe various renal diseases primarily effecting pediatrics age group.
- 14) Describe pathogenesis and management of renal stones.
- 15) Describe pathogenesis and management of bladder outlet obstruction (BOO).

# **Specific Learning Objectives**

|              | Theme I: Facial Swelling           |       |    |  |  |  |  |  |
|--------------|------------------------------------|-------|----|--|--|--|--|--|
| Subject      | Торіс                              | Hours | S# | Learning objectives  |  |  |  |  |
| Anatomy      | Describe<br>applied anatomy        | 1     | 1  | Discuss the gross anatomical features (internal and external) of kidney.                     |  |  |  |  |
|              | of renal system                    |       | 2  | Describe the structures entering and leaving the hilum of kidney along with their relations. |  |  |  |  |
|              |                                    |       | 3  | Discuss the lympho-vascular supply of kidney.  |  |  |  |  |
| Physiology   | GFR                                | 1     | 4  | Describe glomerular filtration rate (GFR), determinants of GFR and estimation of GFR.        |  |  |  |  |
|              | Absorption of water<br>and Solutes |       | 5  | Describe the absorption of water and solutes along different parts of nephron                |  |  |  |  |
| Biochemistry | Acid-base Balance                  | 1     | 6  | Describe the mechanisms for maintaining the Acid-base Balance.                               |  |  |  |  |
|              | Acid-base Disorders                |       | 7  | Describe different Acid-base Disorders.  |  |  |  |  |

## Table 3: Learning Objectives Theme Wise

| Pathology | Basic terms        | 1 | 8  | Define the terms:  |
|-----------|--------------------|---|----|--|
|           |                    |   |    | Azotemia, uremia, Nephrotic syndrome, Nephritic              |
|           |                    |   |    | syndrome, asymptomatic hematuria, rapidly progressive        |
|           |                    |   |    | glomerulonephritis   |
|           |                    |   | 9  | Acute kidney injury, chronic kidney disease, end-stage renal |
|           |                    |   |    | disease (ESRD),  |
|           |                    |   | 10 | Renal tubular defects, Nephrosclerosis, UTI,                 |
|           |                    |   | 11 | urolithiasis, Hydronephrosis, Oncocytoma and carcinoma       |
|           |                    |   | 12 | Describe the pathogenesis of Nephrotic and Nephritic         |
|           |                    |   |    | syndrome   |
|           | Glomerular Disease | 2 | 13 | Describe the pathological responses, pathogenesis and        |
|           |                    |   |    | mediators of glomerular injury                               |
|           |                    |   | 14 | Classify Glomerular diseases.                                |
|           |                    |   | 15 | Differentiate between major Primary Glomerular diseases in   |
|           |                    |   |    | terms of clinicopathological features and different          |
|           |                    |   |    | microscopic findings   |
|           |                    |   | 16 | Discuss the etiologies, clinicopathological features and     |
|           |                    |   |    | morphology of the diseases presenting as Nephritic syndrome  |
|           |                    |   |    | and Nephrotic syndrome                                       |
|           |                    |   | 17 | Explain the pathogenesis and morphology of minimal change    |
|           |                    |   |    | disease  |

|          |                              |   | 18 | Describe the etiology, pathogenesis, morphology and clinical presentation of focal segmental glomerulosclerosis                       |
|----------|------------------------------|---|----|---|
|          |                              |   | 19 | Describe the etiology, pathogenesis, morphology and clinical presentation of membranoproliferative glomerulonephritis                 |
|          |                              |   | 20 | Describe the etiology, pathogenesis, morphology and clinical presentation of IgA nephropathy  |
|          |                              |   | 21 | Describe the pathogenesis, morphology of diabetic and other types of secondary nephropathies  |
|          | Acute Tubular Injury         | 1 | 22 | Define Acute Tubular Injury (ATI).  |
|          | (ATI)                        |   | 23 | Describe the etiology, clinico-pathological features and morphology of ischemic and toxic ATI.  |
|          |                              |   | 24 | Compare the pattern of tubular damage in ischemic and toxic injury  |
|          | Vascular events              |   | 25 | Discuss the etiology, pathogenesis, and morphology of Nephrosclerosis, malignant hypertension and Renal Artery stenosis.              |
| Medicine | Interpretation of urinalysis | 1 | 26 | explain various abnormalities and their interpretation and importance regarding specific diagnoses                                    |
|          |                              |   | 27 | Highlight the importance of urine abnormalities in other<br>systemic diseases apart from kidney and urogenital tract<br>abnormalities |
|          | Nephrotic syndrome           | 1 | 28 | Define Nephrotic Syndrome.  |

|                    |   | 29 | Interpret the criteria for diagnosing Nephrotic Syndrome |
|--------------------|---|----|--|
|                    |   | 30 | Recognize symptoms and signs of Nephrotic Syndrome       |
|                    |   | 31 | Identify the complication of nephrotic syndrome          |
|                    |   | 32 | Interpret the important investigations                   |
|                    |   |    |  |
|                    |   | 33 | Discuss the management plan for Nephrotic syndrome       |
| Nephritic syndrome | 1 | 34 | Interpret the criteria for diagnosing Nephritic Syndrome |
|                    |   | 35 | Identify symptoms and signs of Nephritic Syndrome        |
|                    |   | 36 | Identify important causes                                |
|                    |   | 37 | Enumerate important investigations                       |
|                    |   | 38 | Discuss the treatment plan                               |
| Electrolytes       | 1 | 39 | Define Hyponatremia                                      |
| abnormalities      |   | 40 | Discuss Types of Hyponatremias                           |
| • Hyponatremia     |   | 41 | Describe clinical features                               |
| • Hypernatremia    |   | 42 | Enlist/ interpret the diagnostic lab investigations      |
| • Hypokalemia      |   | 43 | Calculate the sodium deficit and free water deficit      |
| Hyperkalemia       |   | 44 | Calculate rate of sodium replacement                     |
|                    |   | 45 | Discuss complications                                    |
|                    |   | 46 | Define Hypernatremia                                     |
|                    |   | 47 | Describe clinical features                               |

|            |                    |   | 48 | Enlist diagnostic lab investigations                          |
|------------|--------------------|---|----|---|
|            |                    |   | 49 | Calculate the sodium deficit and free water deficit           |
|            |                    |   | 50 | Calculate rate of fluid replacement                           |
|            |                    |   | 51 | Describe management plan.                                     |
|            |                    |   | 52 | Define Hypokalaemia   |
|            |                    |   | 53 | Describe clinical features                                    |
|            |                    |   | 54 | Interpret diagnostic lab investigations                       |
|            |                    |   | 55 | Discuss complications.  |
|            |                    |   | 56 | Describe/JUSTIFY management plan                              |
|            |                    |   | 57 | Define Hyperkaliemia  |
|            |                    |   | 58 | Describe clinical features                                    |
|            |                    |   | 59 | Enlist diagnostic lab investigations                          |
|            |                    |   | 60 | Discuss complications   |
|            |                    |   |    | Describe management plan                                      |
| Pediatrics | Acute post         | 1 | 61 | Define AGN and APGN   |
|            | streptococcal      |   | 62 | Describe the pathogenesis of Nephritic syndrome               |
|            | glomerulonephritis |   | 63 | Know clinical features and differential diagnosis of ApGN     |
|            | (ApGN)             |   | 64 | Describe investigations required to reach a diagnosis of ApGN |
|            |                    |   | 65 | Effectively describe the treatment requires for patients with |
|            |                    |   |    | ApGN  |
|            |                    | 1 | 66 | Define nephrotic syndrome.                                    |

|           | Nephrotic syndrome    |      | 67    | Describe pathophysiology of nephrotic syndrome   |
|-----------|-----------------------|------|-------|--|
|           | (NS)                  |      |       |  |
|           |                       |      | 68    | Classify NS in to its subtypes   |
|           |                       |      | 69    | Describe clinical features of NS   |
|           |                       |      | 70    | Enumerate and describe tests required to reach diagnosis of NS   |
|           |                       |      | 71    | Outline treatment steps in the management of NS  |
|           |                       |      | 72    | Know the complications of NS and describe its prognosis.   |
|           |                       | Them | e ll: | Scanty Urine   |
| Pathology | Renal function test   | 1    | 73    | Describe the normal ranges of Blood urea, creatinine, and  |
|           |                       |      |       | electrolytes   |
|           |                       |      | 74    | Explain creatinine clearance and other radiological and  |
|           |                       |      |       | biochemical renal function tests and their clinical  |
|           |                       |      |       | significance   |
|           | Acute kidney injury   | 1    | 75    | Explain the etiology, pathogenesis, morphology and clinical  |
|           |                       |      |       | presentation and complications of acute kidney injury  |
|           | Chronic Renal Failure | 1    | 76    | Explain the etiology, pathogenesis, morphology and clinical presentation and complications of chronic renal failure. |
|           | Interstitial and      | 1    | 77    | Explain the etiology and pathogenesis of interstitial nephritis  |
|           | Glomerulonephritis    |      | 78    | Explain the etiology, pathogenesis, and morphology of  |
|           |                       |      |       | glomerulonephritis.  |

| Medicine | Acute Kidney Injury    | 1 | 79 | Define AKI.   |
|----------|------------------------|---|----|---|
|          | (AKI                   |   | 80 | Enlist/Interpret the criteria for diagnosing AKI        |
|          |                        |   | 81 | Discuss/ Differentiate prerenal & post renal causes     |
|          |                        |   | 82 | Identify symptoms and signs of AKI                      |
|          |                        |   | 83 | Identify /Interpret the important complications         |
|          |                        |   | 84 | Enumerate/DISCUSS important investigations              |
|          |                        |   | 85 | Construct a management plan for a patient with AKI      |
|          | Chronic Kidney Disease | 1 | 86 | Define CKD  |
|          | (CKD)                  |   | 87 | Enlist criteria for diagnosing CKD                      |
|          |                        |   | 88 | Identify important causes                               |
|          |                        |   | 89 | Identify symptoms and signs of CKD                      |
|          |                        |   | 90 | Identify the important complications                    |
|          |                        |   | 91 | Enumerate important investigations                      |
|          |                        |   |    | Discuss the treatment plan                              |
|          | Renal Replacement      | 1 | 92 | Define RRT  |
|          | Therapy (RRT)          |   | 93 | Enlist the different types of RRT                       |
|          |                        |   | 94 | Identify/Enumerate important indications of dialysis    |
|          |                        |   | 95 | Identify/Enlist the important complications of dialysis |
|          |                        |   | 96 | Discuss the Renal transplant                            |
|          |                        |   | 97 | Enlist and discuss the types of transplant rejection    |

| Forensic        | Ethics of Organ        | 1   | 98  | Describe Ethics of Organ Transplantation                          |
|-----------------|------------------------|-----|---|---|
| medicine        | Transplantation        |     | 99  | Describe current legislation of HOTA (Human Organ Transplant Act) |
|                 |                        |     | 100   | Identify loop holes in existing system of human organ transplant. |
| Surgery/Urology | Renal transplant       | 1   | 101   | Enlist diagnostic indicators of renal transplant                  |
|                 | surgery                |     | 102   | Describe pre-requisite for successful renal transplant            |
|                 |                        |     | 103   | Discuss post renal transplant care of patient                     |
|                 |                        |     | 104   | Describe common complications of renal transplant surgery         |
|                 |                        | 105 | Enlist immunosuppressive drugs used in Renal transplant |   |
| Family medicine | Acute renal            | 1   | 106   | Explain the etiology, clinical features and presentation of       |
|                 | presentations- primary |     |   | acute renal failure   |
|                 | care management and    |     | 107   | Describe the steps of management of a patient with anuria         |
|                 | Red flags              |     |   | and oliguria  |
|                 |                        |     | 108   | Identify patients that need urgent and proper referral for        |
|                 |                        |     |   | specialist care in primary health with anuria and acute and       |
|                 |                        |     |   | chronic renal disease   |
| Community       | Environmental health:  | 1   | 109   | Explain the importance of environmental health                    |
| medicine        | Introduction           |     | 110   | Define and classify environmental degradation                     |
|                 | Water pollution        | 1   | 111   | Define water pollution and describe its importance for            |
|                 |                        |     |   | health  |

|               |     | 112 | Describe the different types of water pollution as simple  |
|---------------|-----|-----|--|
|               |     |     | biodegradable, complex biodegradable and complex non-  |
|               |     |     | degradable   |
| Water quality | y 4 | 113 | Explain the importance and daily requirements of water.  |
| management    |     |     |  |
|               |     | 114 | Describe the qualities and criteria of different sources of                                      |
|               |     |     | water including surface water, ground well, shallow well,  |
|               |     |     | deep well.   |
|               |     | 115 | Classify different methods of purification of water  |
|               |     | 116 | Describe natural methods of purification of water  |
|               |     | 117 | Describe physical methods.   |
|               |     | 118 | Describe chemical methods.   |
|               |     | 119 | Describe filtration methods both small scale and large scale                                     |
|               |     | 120 | Describe purification of water in special circumstances  |
|               |     | 121 | Enumerate different water quality parameters   |
|               |     | 122 | Describe physical parameters   |
|               |     | 123 | Describe different chemical parameters and its interpretation.                                   |
|               |     | 124 | Explain the permissible limits of chemical parameters.   |
|               |     |     | Water quality 4 113   management 114 114   114 115 116   117 118 117   118 119 120   121 122 122 |

|              | The                    | me III: | Loir   | n pain and Dysuria   |
|--------------|------------------------|---------|--|--|
| Pathology    | Pyelonephritis         | 1       | 125  | Discuss the etiology, clinico-pathological presentation, morphology, and complications of Acute Pyelonephritis,                                |
|              |                        |         | 126  | Discuss the etiology, clinico-pathological presentation, morphology and complications of, chronic pyelonephritis                               |
|              |                        |         | 127  | Discuss the etiology, clinico-pathological presentation, morphology, and complications of drug induced nephritis                               |
|              | Cystic Diseases of the | 1       | 128  | Classify the cystic diseases of Kidney.  |
|              | Kidney                 |         | 129  | Describe the inheritance, Pathological features,<br>Complications, and prognosis of polycystic diseases of<br>Kidneys.                         |
|              |                        | 130     | Differentiate between the inheritance, pathological features, typical outcomes and clinical features of Adult and Childhood Polycystic Kidney Diseases |  |
|              |                        |         | 131  | Differentiate between the inheritance, pathological features, typical outcomes, and clinical features of Childhood Polycystic Kidney Diseases. |
| Urolithiasis | Urolithiasis           | 1       | 132  | Enlist the types of Renal stones.  |
|              |                        |         | 133  | Discuss the etiology and pathogenesis of Renal stones  |
|              |                        |         | 134  | Co-relate the occurrence of renal stones with different metabolic diseases   |

|                      |   | 135 | Differentiate between the different renal stones based on     |
|----------------------|---|-----|---|
|                      |   |     | frequency, predisposing factors, urine PH and morphology.     |
| Neoplasms of the     | 1 | 136 | Classify the benign and malignant tumors of the Kidney.       |
| Kidneys              |   | 137 | Discuss the etiology, morphology, and prognosis of Renal cell |
| Renal cell carcinoma |   |     | carcinoma   |
| Wilm's Tumor         | _ | 138 | Discuss the genetics, clinico-pathological features,          |
|                      |   |     | morphology, and prognosis of Wilm's tumor                     |
| Diagnosis and        |   | 139 | Describe the various investigations to diagnose renal tumors  |
| management of renal  |   |     | albumin/creatinine ratio, urine for micro albumin)            |
| tumors               |   | 140 | Discuss management of renal tumors                            |
| Congenital anomalies | 1 | 141 | Describe the congenital anomalies of bladder and urethra      |
| of bladder           |   |     |   |
| Acute Cystitis       | - | 142 | Discuss the etiology, morphology clinico-pathological         |
|                      |   |     | features and complications of Acute                           |
| Chronic Cystitis     | - | 143 | Discuss the etiology, morphology clinico-pathological         |
|                      |   |     | features and complications of Chronic Cystitis.               |
|                      |   |     |   |
|                      |   |     |   |
|                      |   |     |   |
|                      |   |     |   |

| Pharmacology | Urinary Tract Infection | 1 | 144 | Describe the clinical pharmacology of drugs used in the      |
|--------------|-------------------------|---|-----|--|
|              | (UTI)                   |   |     | management of acute and chronic UTI (Co-trimoxazole,         |
|              |                         |   |     | Nitrofurantoin, Cephalosporins, Amoxacillin-clavulanic acid, |
|              |                         |   |     | etc).  |
| Community    | HIV/AIDS,               | 1 | 145 | Describe HIV/AIDS considering Risk groups, pathology,        |
| Medicine     | Syphilis                |   |     | Diagnosis, treatment, and Prevention                         |
|              |                         |   | 146 | Describe Syphilis in terms of causative agent, incubation    |
|              |                         |   |     | period, transmission, manifestation, diagnosis treatment     |
|              |                         |   |     | and prevention.  |
|              | Chlamydia, Genital      |   | 147 | Describe Chlamydia in terms of etiology, transmission,       |
|              | warts, Gonorrhea        |   |     | symptoms, treatment, and prevention.                         |
|              |                         |   | 148 | Describe Genital warts in terms of causes, transmission,     |
|              |                         |   |     | symptoms, treatment, and prevention.                         |
|              |                         |   | 149 | Describe Gonorrhea in terms of causes, transmission,         |
|              |                         |   |     | symptoms, treatment, and prevention.                         |
|              | Human Papiloma virus,   |   | 150 | Describe Human Papiloma Virus (HPV) in terms of causes,      |
|              |                         |   |     | types, transmission, symptoms, screening, and prevention.    |
| Medicine     | Autosomal Dominant      | 1 | 151 | Define ADPKD.  |
|              | Polycystic Kidney       |   | 152 | Enlist/Interpret the criteria for diagnosing ADPKD.          |
|              | Disease (ADPKD)         |   | 153 | Identify/interpret the genetic causes.                       |
|              |                         |   | 154 | Identify/ symptoms and signs of ADPKD.                       |
|              |                         |   | 155 | Identify/Interpret the important complications.              |

|                 |                   |       |   | 156 | Enumerate& interpret important investigations.           |
|-----------------|-------------------|-------|---|-----|--|
|                 |                   |       |   | 157 | Construct a management plan.                             |
|                 | Urinary           | Tract | 1 | 158 | Define UTIs.   |
|                 | Infections (UTIs) |       |   | 159 | Enlist the criteria for diagnosing UTIs.                 |
|                 |                   |       |   | 160 | Identify/Differentiate the complicated and uncomplicated |
|                 |                   |       |   |     | UTIs.  |
|                 |                   |       |   | 161 | Identify symptoms and signs of UTIs.                     |
|                 |                   |       |   | 162 | Identify the important complications.                    |
|                 |                   |       |   | 163 | Enumerate/discuss/ interpret/ important investigations.  |
|                 |                   |       |   | 164 | Construct a management plan for a patient with UTI.      |
| Radiology       | Urological        |       | 1 | 165 | Uses of plain X-ray KUB (Kidney, ureter, bladder).       |
|                 | Investigation     |       |   | 166 | Discuss role of CT in Urology.                           |
|                 |                   |       |   | 167 | Discuss role of nuclear scans.                           |
|                 |                   |       |   | 168 | Discuss DTPA Scan, DMSA Scan, MAG 3 Scan.                |
|                 |                   |       |   | 169 | Investigate renal system during pregnancy.               |
| Surgery/Urology | Kidney Stones     |       | 1 | 170 | Enlist factors predisposing to specific stone types      |
|                 |                   |       |   | 171 | Discuss evaluation of stone formers                      |
|                 |                   |       |   | 172 | Discuss clinical features and Diagnosis of renal stone   |
|                 |                   |       |   | 173 | Describe renal stone treatment options                   |
|                 | Renal trauma      |       | 1 | 174 | Describe Initial resuscitation of renal trauma patient   |
|                 |                   |       |   | 175 | Classify mechanism and grading of renal trauma           |

|             |                          |   | 176 | Discuss clinical and radiological assessment of renal trauma.   |
|-------------|--------------------------|---|-----|---|
|             | Pelvic Ureteric          |   | 177 | Discuss management plan of renal trauma.  |
|             | junction obstruction in  |   | 178 | Define PUJ obstruction.   |
|             | adult (PUJO)             |   | 179 | Enlist etiology (congenital and acquired causes).   |
|             |                          |   | 180 | Describe clinical presentation of PUJO.   |
|             |                          |   | 181 | Interpret Investigations (renal ultrasound, IVU (Intravenous urography), MAG-3 renography, retrograde pyelography). |
|             |                          |   | 182 | JUSTIFY Management PLAN options (Endopyelotomy, Pyeloplasty).   |
|             | Anomalies of renal       | 1 | 183 | Describe various anomalies of renal tracts like Horseshoe   |
|             | fusion and ascent        |   |     | kidney, Ectopic kidney, Renal agenesis, Malrotated kidney,  |
|             |                          |   |     | Urinary tract duplication.  |
|             | Renal Cell Carcinoma     |   | 184 | Describe clinical presentation and investigation of RCC.  |
|             | (RCC)                    |   | 185 | Enlist Treatment of localized RCC.  |
|             |                          |   | 186 | Construct Management of metastatic RCC.   |
| Obs & Gynae | Asymptomatic             | 1 | 187 | Define asymptomatic bacteriuria.  |
|             | bacteriuria              |   | 188 | Describe the effects of asymptomatic bacteriuria on pregnancy.  |
|             |                          |   | 189 | Management plan of asymptomatic bacteriuria   |
|             | Acute symptomatic        |   | 190 | Define Acute Cystitis   |
|             | urinary tract infections |   | 191 | Describe effects of asymptomatic bacteriuria  |

|            |                         |        | 192  | Plan management of Acute Cystitis in pregnancy              |
|------------|-------------------------|--------|------|---|
|            |                         |        | 193  | Describe the effects of acute Pyelonephritis on pregnancy.  |
|            |                         |        | 194  | Plan Management of acute Pyelonephritis.                    |
| Pediatrics | Urinary tract infection | 1      | 195  | Describe the types of UTI.                                  |
|            | (UTI)                   |        | 196  | Discuss prevention and management of UTI in children.       |
|            | TI                      | neme l | V: U | rinary retention  |
| Anatomy    | Describe applied        | 1      | 197  | Describe gross structure of kidney, ureter, bladder, and    |
|            | anatomy of ureters,     |        |      | urethra.  |
|            | urinary bladder,        |        | 198  | Describe the microscopic structure of prostate              |
|            | prostate and urethra    |        | 199  | Discuss the microscopic structure of urethra                |
| Pathology  | Obstructive Uropathy    | 1      | 200  | Discuss the obstruction in urogenital tract at different    |
|            |                         |        |      | levels.   |
|            |                         |        | 201  | Discuss the effects of obstruction on function and          |
|            |                         |        |      | morphology of kidney.                                       |
|            |                         |        | 202  | Describe clinico-pathological features and morphology of    |
|            |                         |        |      | Hydronephrosis  |
|            | Tumors of urinary       | 1      | 203  | Classify tumors of urinary bladder.                         |
|            | bladder                 |        |      |   |
|            | BPH                     | -      | 204  | Discuss the etiology, pathogenesis, morphology, staging and |
|            |                         |        |      | prognosis of urothelial (Transitional Cell) Tumors          |
|            |                         |        | 205  | Describe pathophysiology of Benign prostatic hypertrophy    |
|            |                         |        |      | and risk factors  |

|              | Carcinoma prostate    |   | 206 | Describe pathogenesis, risk factors and staging.   |
|--------------|-----------------------|---|-----|--|
| Pharmacology | Drugs for benign      | 1 | 207 | Classify the drugs used in the management of BPH   |
|              | prostatic hyperplasia |   | 208 | Enlist the alpha-adrenergic blocking drugs with special reference to those having specific affinity for prostate muscle. |
|              |                       |   | 209 | Describe the role of alpha blockers, 5-alpha reductase   |
|              |                       |   |     | inhibitors (Finasteride) and combination therapy in BPH.   |
|              |                       |   | 210 | Enlist the adverse effects of the drugs used to treat BPH.   |
|              | Carcinoma of prostate |   | 211 | Enlist the hormonal agents used in the management of   |
|              |                       |   |     | Prostatic carcinoma.   |
|              |                       |   | 212 | Describe the mechanism of action of Gonadotropin-releasing   |
|              |                       |   |     | hormone (Goserelin) and anti-androgens (Cyproterone  |
|              |                       |   |     | acetate and Flutamide) in the management of Prostatic  |
|              |                       |   |     | carcinoma.   |
|              |                       |   | 213 | Enlist the anticancer chemotherapeutic agents used in the  |
|              |                       |   |     | management of Prostatic carcinoma.   |
| Community    | Air Pollution & air   | 2 | 214 | Define air pollution.  |
| medicine     | quality management    |   | 215 | Enumerate criteria pollutants.   |
|              |                       |   | 216 | Describe the sources and limits of air pollutants.   |
|              |                       |   | 217 | Describe the adverse effects of air pollutants on health.  |
|              |                       |   | 218 | Explain the measures for control of air pollution  |

|  |  |   | 219 | Describe the global adverse effects of air pollution- ozone |
|--|--|---|-----|---|
|  |  |   |     | depletion, greenhouse effect, smog, acid rain.              |
|  | Noise pollution, radiation pollution and | 1 | 220 | Define noise pollution.                                     |
|  | its control                              |   | 221 | Explain adverse effects of noise pollution on health.       |
|  |  |   | 222 | Describe factors effecting hearing loss.                    |
|  |  |   | 223 | Enumerate acceptable noise standards.                       |
|  |  |   | 224 | Discuss the measures for prevention of adverse effects of   |
|  |  |   |     | noise.  |
|  |  |   | 225 | Classify different types of radiations to which humans are  |
|  |  |   |     | exposed.  |
|  |  |   | 226 | Describe the adverse effects and preventive measure of      |
|  |  |   |     | different type of nonionizing radiations.                   |
|  |  |   | 227 | Describe the adverse effects and preventive measure of      |
|  |  |   |     | ionizing radiations.  |
|  | Waste management                         | 2 | 228 | Explain the importance of waste management in health        |
|  |  |   | 229 | Describe management of waste [organic of human and          |
|  |  |   |     | animal origin] as per water carriage system                 |
|  |  |   | 230 | Describe the management of waste [organic of human and      |
|  |  |   |     | animal origin] as per conservancy system                    |
|  |  |   | 231 | Describe management of solid waste [refuse]                 |
|  |  | 1 | 232 | Define hospital waste management                            |

|                 | Hospital waste       |   | 233 | Explain the importance of hospital waste management in      |
|-----------------|----------------------|---|-----|---|
|                 | management           |   |     | health  |
|                 |                      |   | 234 | Classify hospital waste                                     |
|                 |                      |   | 235 | Know the impacts of improper hospital waste management      |
|                 |                      |   |     | on health   |
|                 |                      |   | 236 | Describe the methods to minimize hospital waste             |
|                 |                      |   | 237 | Describe the methods of treatment of hospital waste         |
|                 |                      |   | 238 | Explain the waste management trends in developing           |
|                 |                      |   |     | countries   |
|                 | Disasters and health | 2 | 239 | Define disaster management                                  |
|                 |                      |   | 240 | Describe classification of disasters                        |
|                 |                      |   | 241 | Describe the mortality & morbidity due to disaster itself & |
|                 |                      |   |     | mismanagement of disaster relief activities                 |
|                 |                      |   | 242 | Describe pre-disaster management                            |
|                 |                      |   | 243 | Describe post disaster management in immediate,             |
|                 |                      |   |     | intermediate, and long-term stages.                         |
|                 |                      |   | 244 | Discuss management and preventive measures from previous    |
|                 |                      |   |     | disasters.  |
|                 |                      |   | 245 | Describe the history of disasters in Pakistan.              |
| Surgery/Urology | carcinoma of urinary | 1 | 246 | Discuss clinical Presentation of bladder cancer.            |
|                 | bladder              |   | 247 | Describe diagnosis and clinical staging of bladder cancer.  |

|                          |   | 248 | Construct management Plan of bladder cancer.   |
|--------------------------|---|-----|--|
| Enlarged Prostate        | 1 | 249 | Define IPSS (International prostate symptoms scoring) for                            |
|                          |   |     | enlarged prostate.   |
|                          |   | 250 | Describe watchful waiting for enlarged prostate.                                     |
|                          |   | 251 | Enlist medical management of BPH.  |
|                          |   | 252 | Minimal invasive management of BPH.  |
|                          |   | 253 | Invasive surgical surgeries  |
|                          |   | 254 | TURP (transurethral resection of prostate)   |
|                          |   | 255 | Open prostatectomy   |
| Carcinoma prostate       |   | 256 | Describe clinical presentation and management  |
| Urinary Incontinence     | 1 | 257 | Define urinary incontinence  |
|                          |   | 258 | Discuss urinary incontinence   |
|                          |   | 259 | Classify urinary incontinence  |
|                          |   | 260 | Discuss nocturnal enuresis   |
|                          |   | 261 | Enlist causes and pathophysiology  |
|                          |   | 262 | Describe evaluation of incontinence  |
|                          |   | 263 | Enumerate Investigation of incontinence  |
|                          |   | 264 | Describe conservative treatment options surgical options                             |
| Urethral strictures      | 1 | 265 | Describe etiology, Presentation, investigation, and management of urethral stricture |
| Posterior urethral valve |   | 266 | Discuss clinical presentation and management of Posterior urethral valves (PUV).     |

| Practical work |                      |     |     |  |  |  |  |
|----------------|----------------------|-----|-----|--|--|--|--|
| Pathology      | Urine collection     | 1.5 | 267 | Demonstrate the procedure of urine collection, physical      |  |  |  |
|                | methods, physical    |     |     | examination volume, color, appearance, pH of specimen.       |  |  |  |
|                | examination of urine |     |     |  |  |  |  |
|                | specimen             |     |     |  |  |  |  |
|                | Microscopic          |     | 268 | Perform the physical examination of urine and prepare        |  |  |  |
|                | examination of       |     |     | report of an abnormal urine with pyuria and hematuria        |  |  |  |
|                | centrifuge specimen  |     |     | Interpret the results.                                       |  |  |  |
|                | Chemical examination | 1.5 | 269 | Demonstrate substances for chemical examination and the      |  |  |  |
|                | of non-centrifuged   |     |     | different procedures of detection of protein in urine.       |  |  |  |
|                | urine specimen       |     |     |  |  |  |  |
|                |                      |     | 270 | Demonstrate the Principle of protein detection by heat       |  |  |  |
|                |                      |     |     | method in urine  |  |  |  |
|                |                      |     | 271 | Perform the heat and acetic acid test and the test for Bence |  |  |  |
|                |                      |     |     | Jones protein.   |  |  |  |
|                |                      |     |     | Interpret the results  |  |  |  |
|                |                      |     | 272 | Demonstrate the tests for detection of reducing substances   |  |  |  |
|                |                      |     |     | in urine and the principle of Benedict's test                |  |  |  |
|                |                      |     | 273 | Perform the Benedict's test.                                 |  |  |  |
|                |                      |     |     | Interpret the results  |  |  |  |

|              |  |     | 274 | Demonstrate the substances seen in urine under microscope         |
|--------------|--|-----|-----|---|
|              |  |     |     | i.e. cells (Pus cells, RBCs, Epithelial cells and other different |
|              |  |     |     | cells), Crystals, castes etc                                      |
|              |  |     | 275 | Prepare the sediment for urine examination.                       |
|              |  |     | 276 | Detect various substances in a slide prepared from                |
|              |  |     |     | sediment under the microscope                                     |
|              |  |     |     | Interpret the results.  |
|              | Urine staining, and                        | 1.5 | 277 | Demonstrate the Staining methods and their principles for         |
|              | culture                                    |     |     | urine specimens of acute and chronic UTI                          |
|              |  |     | 278 | Identify the uropathogens shown in the slide                      |
|              |  |     | 279 | Demonstrate sterilized methods for collections of specimens       |
|              |  |     |     | for culture and sensitivity.                                      |
|              |  |     | 280 | Perform a practical for culture and sensitivity by disc           |
|              |  |     |     | diffusion method for any uropathogen.                             |
| Pharmacology | Prescriptions for acute<br>and chronic UTI | 1.5 | 281 | Formulate prescriptions for acute and chronic UTI                 |
| Community    | Incinerator / waste                        | 1.5 | 282 | Identify the model  |
| medicine     | disposal models                            |     | 283 | Explain the steps of waste disposal                               |
|              | Water sources                              | 1.5 | 284 | Identify the model related sources of water                       |

| Sand filters | 285 | Identify the model  |
|--------------|-----|---|
|              | 286 | Identify its different layers and mechanism of purification   |
|              | 287 | Calculate the dose of bleaching powder required for disinfection of water in a domestic tank  |
|              | 288 | Assess the quality of water sample on the basis of physical<br>parameters<br>(color, turbidity, suspended particles, temperature and Ph.) |
|              | 289 | Interpret the bacteriological quality of water on the basis of presumptive coliform test  |

# **Learning Resources**

#### Table 4: Reference Textbooks

| <b>S#</b> | Subjects           | Resources   |  |  |  |
|-----------|--------------------|---|--|--|--|
| 1.        | Anatomy            | A. GROSS ANATOMY  |  |  |  |
|           |                    | 1. K.L. Moore, Clinically Oriented Anatomy                      |  |  |  |
|           |                    | B. EMBRYOLOGY   |  |  |  |
|           |                    | 1. KeithL. Moore. The Developing Human                          |  |  |  |
|           |                    | 2. Langman's Medical Embryology                                 |  |  |  |
| 2.        | Community Medicine | 1. Community Medicine by Parikh                                 |  |  |  |
|           |                    | 2. Community Medicine by M Ilyas                                |  |  |  |
|           |                    | 3. Basic Statistics for the Health Sciences by Jan W Kuzma      |  |  |  |
| 3.        | OBGYN              | 1. Obstetrics by Ten Teachers, Louise C. Kenny, Jenny E. Myers  |  |  |  |
|           |                    | 2. Gynaecology by Ten Teachers, Louise Kenny, Helen Bickerstaff |  |  |  |
|           |                    | 3. Hacker & Moore's Essentials of Obstetrics and Gynecology     |  |  |  |
|           |                    | 4. Textbook of Gynecology, Rashid Latif Khan                    |  |  |  |
|           |                    | 5. Fundamentals of Gynaecology, Dr Arshad Chohan                |  |  |  |
| 4.        | Pathology          | 1. Robbins & Cotran, Pathologic Basis of Disease,9 th edition.  |  |  |  |
|           |                    | 2. Rapid Review Pathology, 4 th edition by Edward F. Goljan MD  |  |  |  |
| 5.        | Physiology         | 1. Textbook Of Medical Physiology by Guyton And Hall            |  |  |  |
|           |                    | 2. Ganong's Review of Medical Physiology                        |  |  |  |
|           |                    | 3. Human Physiology by Lauralee Sherwood                        |  |  |  |
|           |                    | 4. Berne & Levy Physiology                                      |  |  |  |
|           |                    | 5. Best & Taylor Physiological Basis of Medical Practice        |  |  |  |
| 6.        | Paeds              | Basis of Pediatrics (8th Edition Pervez Akbar)                  |  |  |  |

# Assessment Plan - 4<sup>th</sup> Year MBBS

### The year-4 will be assessed in 4 blocks

- 1) Block-1 (Neurosciences-2 module) will be assessed in paper-J
- 2) Block-2 (GIT and hepatobiliary module) will be assessed in paper-K
- 3) Block-3 (Renal-2, Endocrine & Reproduction-2 module) will be assessed in paper-L
- 4) Block-4 (ENT and EYE modules) will be assessed in paper-M
- 5) Each written paper consists of 120 MCQs.
- 6) Internal assessment will be added to final marks in KMU as shown in below table.
- 7) In OSPE, each station will be allotted 6 marks, and a total of 120 (+10% marks of internal assessment) marks are allocated for each OSPE/OSCE examination.

| 4 <sup>th</sup> Year MBBS Modules Assessment Plan |  |                 |   |           |   |             |
|---|--|-----------------|---|-----------|---|-------------|
| Theory paper                                      | Modules                                | Theory<br>marks | Internal<br>assessment<br>theory<br>(10%) | OSPE/OSPE | Internal assessment<br>OSPE/OSPE<br>(10%) | Total Marks |
| Paper J   | Neurosciences-2                        | 120             | 13  | 120       | 13  | 266         |
| Paper K   | GIT &<br>Hepatobiliary-2               | 120             | 13  | 120       | 13  | 266         |
| Paper L   | Renal-2, Endocrine<br>& Reproduction-2 | 120             | 14  | 120       | 13  | 267         |
| Paper M   | ENT and EYE                            | 120             | 13  | 120       | 13  | 266         |
| Research*   |  |                 |   | 20        | 15  | 35          |
| Total Marks                                       |  | 480             | 53  | 500       | 67  | 1100        |

\*Research viva of 20 marks will be conducted in paper-L. However, the rest of 15 marks will be decided by the concerned department internally for the contribution of the students in research project/thesis.

# **Assessment Blueprints**

| Table 5: Paper | L (Renal-2, | Endocrine & | Reproduction-2) |
|----------------|-------------|-------------|-----------------|
|----------------|-------------|-------------|-----------------|

| Subject           | Renal-2 | Endocrine and  | Total MCQs |
|-------------------|---------|----------------|------------|
|                   |         | Reproduction-2 |            |
| Community         | 11      | 12             | 23         |
| medicine          |         |                |            |
| Pharmacology      | 02      | 13             | 15         |
| Pathology         | 11      | 22             | 33         |
| Forensic medicine | 01      | 09             | 10         |
| Surgery           | 06      | 03             | 09         |
| Gynaecology       | 01      | 09             | 10         |
| Medicine          | 05      | 09             | 14         |
| Pediatrics        | 02      | 01             | 03         |
| Family medicine   | 01      | 02             | 03         |
| Total             | 40      | 80             | 120        |

### Table 6: OSPE/OSCE Distribution

| Subject                              | Viva stations | OSPE/OSCE stations | Total |
|--------------------------------------|---------------|--------------------|-------|
| Pharmacology                         | 2             | 1                  | 3     |
| Pathology                            | 2             | 2                  | 4     |
| Forensic medicine                    | 2             | 1                  | 3     |
| Community medicine                   | 2             | 6                  | 10    |
| Research viva                        | 2**           | Х                  |       |
| Medicine (endocrine<br>examination)  | Х             | 1                  | 1     |
| Surgery (physical/local examination) | x             | 1                  | 1     |
| Total                                | 10            | 12                 | 22    |

\* A minimum of 22 stations will be used in final exams. Total marks will be 120 (6 marks for each station).

\*\*there will be 2 allocated stations for research viva (one internal and one external) at one time for which the number of marks for each station will be 10 (with a total of 20 marks) allocated for research viva plus 15 marks for conduction of research). A total of 35 marks have been allocated for thesis (research project).