AYUB MEDICAL COLLEGE ABBOTTABAD

DEPARTMENT OF MEDICAL EDUCATION



STUDY GUIDE RENAL-II MODULE

4TH YEAR MBBS

BLOCK: "L" DURATION: 4 WEEKS FROM: 2023

STUDENT NAME

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DISCLAIMER

- Developing a study guide is a dynamic process and undergoes iteration according to the needs and priorities.
- This study guide is subjected to the change and modification over the whole academic year.
 - However, students are advised to use it as a guide for respective modules.
 - It is to declare that the learning objectives (general and specific) and the distribution of assessment tools (both theory and practical) are obtained from Khyber Medical University,

Peshawar. These can be obtained from:

https://kmu.edu.pk/examination/guidelines

- The time tables are for guiding purpose. It is to advise that final timetables are always displayed over the notice boards of each lecture hall.
 - Students are encouraged to provide feedback via coordinator.

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1 Module Committee:

s.no	Name	Department	Role		
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11.	Dr. Saima Blbi	Paediatrics	Member		
12.	Dr. Salma Shazia	Forensic Medicine	Member		

2 What Is A Study Guide?

It is an aid to Inform students how student learning program of the module has been organized, to help students organize and manage their studies throughout the module and guide students on assessment methods, rules and regulations.

2.1 The study guide:

- Communicates information on organization and management of the module.
- This will help the student to contact the right person in case of any difficulty.
- Defines the objectives which are expected to be achieved at the end of the module.
- Identifies the learning strategies such as lectures, small group teachings.

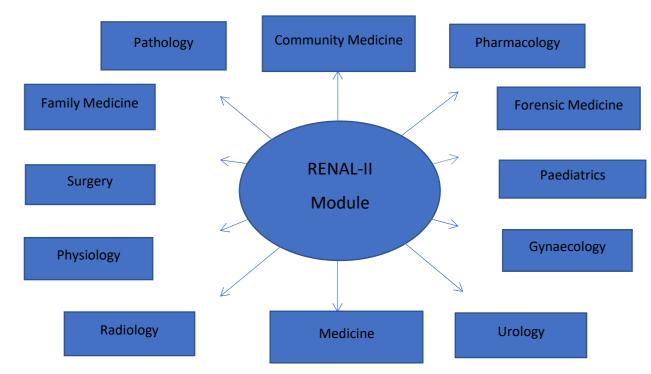
2.2 Module objectives.

- Provides a list of learning resources such as books, computer-assisted learning programs, weblinks, and journals, for students to consult in order to maximize their learning.
- Highlights information on the contribution of continuous on the student's overall performance.
- Includes information on the assessment methods that will be held to determine every student's performance.

2.3 Achievement of objectives.

🐓 Focuses on information pertaining to examination policy, rules and regulations.

2.4 CURRICULUM FRAMEWORK:



STUDENTS WILL EXPERIENCE INTEGRATED CURRICULUM.



3 Recommended List Of Icons



Introduction To Case



For Objectives

Critical Questions



Resource Material

4 Table Of Specification

S. No	Theme	Topics / region covered	Weightage
1	Facial swelling	Renal system and	20%
		commom renal	
		system	
		pathologies	
2	Scanty Urine	Evaluation of	25%
		acute renal	
		presenatation and	
		management	
		Water quality	
		management	
3	Loin pain and dysuria	Infections related	23%
		to urinary system	
4	Urinary retention	Urinary tract	23%
		obstruction	
		Waste	
		management	
5	Practical	Pathology and	9%
		Pharmacology	
	Total		100%

5 Organization of Module

5.1 Introduction:

Renal system is the organ system that includes the kidneys, where urine is produced, and the ureters, bladder, and urethra for the passage, storage, and voiding of urine.

In many respects the human excretory, or urinary, system resembles those of other mammalian species, but it has its own unique structural and functional characteristics. The terms *excretory* and *urinary* emphasize the elimination function of the system. The kidneys, however, both secrete and actively retain within the body certain substances that are as critical to survival as those that are eliminated.

5.2 Rationale:

Renal system is one of the most important organ system of the body which plays an integral role in homeostasis. As it is directly affects heart, lungs and blood it makes it even more important for student s to understand its basic functioning and pathophysiology to deal with different types of presentations. Students should have the basic knowledge how to ealuate and diagnose these patient and identify the red flags so that they should be able to timely refer a patient to a specialized care.



6 Learning Objectives

6.1 General Learning Outcomes

By the end of this module the students would be able to;

6.1.1 KNOWLEDGE

- 1. Describe applied anatomy of Urinary System with video demonstration
- 2. Discuss briefly physiology of the renal system
- **3.** Revisit/Describe briefly the different Acid-base Disorders and the Mechanism for maintaining Acid-base Balance (Biochemistry)
- **4.** Classify the diseases involving glomeruli, tubules, interstitium, renal blood vessels, Chronic nephron loss, Cystic, urine out flow obstruction, congenital-developmental and neoplastic diseases of renal system
- **5.** Describe the etiology, pathogenesis, clinical manifestations, diagnosis and prognosis of the renal system diseases.
- 6. Perform various practicals used in laboratory diagnosis of renal diseases.
- 7. Describe the Pharmacology of drugs used in the treatment of Renal System Diseases
- 8. Describe ethics of Organ Transplantation
- 9. Describe prevalence of renal diseases
- **10.** Describe the clinical features of renal diseases.
- **11.** Diagnose & manage Acute & Chronic Kidney Disease, Nephrotic, Nephritic Syndromes, Urinary Tract Infections
- **12.** Management of Urinary Tract Infections, Chronic Kidney Diseases & Renal Transplant patients during Pregnancy
- **13.** Enumerate/Describe various renal diseases primarily effecting pediatrics age group
- 14. Describe pathogenesis and management of renal stones
- **15.** Describe pathogenesis and management of bladder outlet obstruction (BOO)

6.1.2 SKILLS

- 1) Students should be able to take complete history related to renal system
- 2) Students should be able to identify and evalute patients with common renal pathologies and its associated symptoms
- 3) Students should be able to perform renal system examination
- 4) Students should be able to identify the red flags associated with acute renal symtoms

6.1.3 ATTITUDE

- 1) Students should be able to know how to counsel a chronic renal patient with end stage disease
- 2) Students should be able to fill a consent form for renal transplant patient

6.2 SPECIFIC LEARNING OBJECTIVES

		SUBJECT: ANANTOMY	
SNO	Topics	Learning Outcomes	MIT (Hours)
1	Describe applied anatomy	Discuss the gross anatomical features (internal and external) of kidney	Lecture (1)
	of renal system	Describe the structures entering and leaving the hilum of kidney along with their relations	
		Discuss the lympho-vascular supply of kidney	1
		SUBJECT: PHYSIOLOGY	
1	GFR Absorption of water	Describe glomerular filtration rate (GFR), determinants of GFR and estimation of GFR	Lecture (1)
	and Solutes	Describe briefly the absorption of water and solutes along different parts of nephron	
		SUBJECT: BIOCHEMISTRY	
1	Acid-base Balance	Describe briefly the mechanisms for maintaining the Acid-base Balance	Lecture (1)
	Acid-base Disorders	Describe different Acid-base Disorders	
		SUBJECT: PATHOLOGY	
1	Basic terms	Define the terms: Azotemia, uremia, Nephrotic syndrome, Nephritic syndrome, asymptomatic hematuria, rapidly progressive glomerulonephritis Acute kidney injury, chronic kidney disease, end-	Lecture (1)
		stage renal disease (ESRD),	
		Renal tubular defects, Nephrosclerosis, UTI,	
		urolithiasis, Hydronephrosis, Oncocytoma and carcinoma	
		Describe the pathogenesis of Nephrotic and Nephritic syndrome	
2	Glomerular Disease	Describe the pathological responses, pathogenesis and mediators of glomerular injury	Lecture (2)
		Classify Glomerular diseases.	
		Differentiate between major Primary Glomerular	
		diseases in terms of clinicopathological features and different microscopic findings	
		Discuss the etiologies, clinicopathological features	
		and morphology of the diseases presenting as	
		Nephritic syndrome and Nephrotic syndrome	
		Explain the pathogenesis and morphology of	

		minimal change disease	
		Describe the etiology, pathogenesis, morphology	
		and clinical presentation of focal segmental	
		glomerulosclerosis	
		Describe the etiology, pathogenesis, morphology	
		and clinical presentation of membranoproliferative	
		glomerulonephritis	
		Describe the etiology, pathogenesis, morphology	
		and clinical presentation of IgA nephropathy	
		Describe the pathogenesis, morphology of diabetic	
		and other types of secondary nephropathies	
3	Acute Tubular	Define Acute Tubular Injury (ATI).	Lecture (1)
	Injury (ATI)	Describe the etiology, clinico-pathological features	
		and morphology of ischemic and toxic ATI.	
		Compare the pattern of tubular damage in ischemic	
		and toxic injury	
4	Vascular events	Discuss the etiology, pathogenesis, and morphology	Lecture (1)
		of Nephrosclerosis, malignant hypertension and	
		Renal	
		SUBJECT: MEDICINE	
1	Interpretation of	explain various abnormalities and their	Lecture (1)
	urinalysis	interpretation and importance regarding specific	
		diagnoses	
		Highlight the importance of urine abnormalities in	
		other systemic diseases apart from kidney and	
		urogenital tract abnormalities	
2	Nephrotic	Define Nephrotic Syndrome	Lecture (1)
	syndrome	Interpret the criteria for diagnosing Nephrotic	
		Syndrome	_
		Recognize symptoms and signs of Nephrotic	
		Syndrome	_
		Identify the complication of nephrotic syndrome	_
		Interpret the important investigations	_
		Discuss the management plan for Nephrotic	
		syndrome	
3	Nephritic syndrome	Interpret the criteria for diagnosing Nephritic	Lecture (1)
		Syndrome	_
		Identify symptoms and signs of Nephritic Syndrome	
		Identify important causes	
		Enumerate important investigations	
		Discuss the treatment plan	
4	Electrolytes	Define Hyponatremia	Lecture (1)
	abnormalities	Discuss Types of Hyponatremias	
	Hyponatrem	Describe clinical features	

	ia	Enlist/ interpret the diagnostic lab investigations	
	 Hypernatre 	Calculate the sodium deficit and free water deficit	
	mia	Calculate rate of sodium replacement	
	 Hypokalemi 	Discuss complications	
	а	Define Hypernatremia	
	 Hyperkalemi 	Describe clinical features	
	а	Enlist diagnostic lab investigations	
		Calculate the sodium deficit and free water deficit	
		Calculate rate of fluid replacement	
		Describe management plan.	
		Define Hypokalaemia	
		Describe clinical features	
		Interpret diagnostic lab investigations	
		Discuss complications	
		Describe/JUSTIFY management plan	
		Define Hyperkaliemia	
		Describe clinical features	
		Enlist diagnostic lab investigations	
		Discuss complications	
		Describe management plan	
		SUBJECT: PEDIATRICS	
1	Acute post	Define AGN and APGN	Lecture (1)
	streptococcal	Describe the pathogenesis of Nephritic syndrome	
	glomerulonephritis	Know clinical features and differential diagnosis of	
	(ApGN)	ApGN	
	Basic terms	Describe investigations required to reach a diagnosis of ApGN	
		Effectively describe the treatment requires for patients with ApGN	
2	Nephrotic	Define nephrotic syndrome	Lecture (1)
	syndrome (NS)	Describe pathophysiology of nephrotic syndrome	
		Classify NS in to its subtypes	
		Describe clinical features of NS	
		Enumerate and describe tests required to reach diagnosis of NS	
		Outline treatment steps in the management of NS	
		Know the complications of NS and describe its	
		prognosis.	
		THEME-II: SCANTY URINE	
		SUBJECT: PATHOLOGY	
1	Renal function test	Describe the normal ranges of Blood urea, creatinine	Lecture
		and electrolytes	(1)
-			. ,
		Explain creatinine clearance and other radiological	

		cignificance	
-		significance	1
2	Acute kidney injury	Explain the etiology, pathogenesis, morphology and	Lecture
		clinical presentation and complications of acute kidney injury	(1)
3	Chronic Renal		Lecture
3	Failure	Explain the etiology, pathogenesis, morphology and	
	Fallure	clinical presentation and complications of chronic renal failure	(1)
4	Interstitial and	Explain the etiology and pathogenesis of interstitial	Lecture
	Glomerulonephritis	nephritis	(1)
		Explain the etiology, pathogenesis and morphology of glomerulonephritis	
		SUBJECT: MEDICINE	
1	Acute Kidney Injury	Define AKI	Lecture
-	(AKI)	Enlist/Interpret the criteria for diagnosing AKI	(1)
		Discuss/ Differentiate prerenal & post renal causes	(1)
		Identify symptoms and signs of AKI	
		Identify /Interpret the important complications	
		Enumerate/DISCUSS important investigations	
		Construct a management plan for a patient with AKI	-
2	Chronic Kidney	Define CKD	Lecture
Z	Disease (CKD)	Enlist criteria for diagnosing CKD	(1)
		Identify important causes	(1)
		Identify symptoms and signs of CKD	
		Identify the important complications	
		Enumerate important investigations	
		Discuss the treatment plan	
3	Renal Replacement	Define RRT	Lecture
5	Therapy (RRT)	Enlist the different types of RRT	(1)
		Identify/Enumerate important indications of dialysis	(-)
		Identify/Enlist the important complications of dialysis	
		Discuss the Renal transplant	
		Enlist and discuss the types of transplant rejection	
		SUBJECT: FORENSIC MEDICINE	
1	Ethics of Organ	Describe Ethics of Organ Transplantation	Lecture
-	Transplantation	Describe current legislation of HOTA (Human Organ	(1)
		Transplant Act)	()
		Identify loop holes in existing system of human organ	
		transplant.	
		SUBJECT: SURGERY/UROLOGY	
1	Renal transplant	Enlist diagnostic indicators of renal transplant	Lecture
	surgery	Describe pre-requisite for successful renal transplant	(1)
		Discuss post renal transplant care of patient	
		Describe common complications of renal transplant	
		surgery	

		Enlist immunosupprossivo drugo used in Denel	
		Enlist immunosuppressive drugs used in Renal transplant	
		SUBJECT: FAMILY MEDICINE	
1	Acute renal presentations-	Explain the etiology, clinical features and presentation of acute renal failure	Lecture (1)
	primary care management and	Describe the steps of management of a patient with anuria and oliguria	
	Red flags	Identify patients that need urgent and proper referral for specialist care in primary health with anuria and	
		acute and chronic renal disease	
	L	SUBJECT: COMMUNITY MEDICINE	
1	Environmental	Explain the importance of environmental health	Lecture
	health: Introduction	Define and classify environmental degradation	(1)
2	Water pollution	Define water pollution and describe its importance for health	Lecture (1)
		Describe the different types of water pollution as simple biodegradable, complex biodegradable and complex non-degradable	
		Define water pollution and describe its importance for health	
3	Water quality management	Explain the importance and daily requirements of water	Lecture (4)
		Describe the qualities and criteria of different sources of water including surface water, ground well, shallow well, deep well.	
		Classify different methods of purification of water	
		Describe natural methods of purification of water	
		Describe physical methods	
		Describe chemical methods	
		Describe filtration methods both small scale and large scale	
		Describe purification of water in special	
		circumstances	
		Enumerate different water quality parameters	
		Describe physical parameters	
		Describe different chemical parameters and its interpretation	
		Explain the permissible limits of chemical parameters	

MIT:mode of information transfer. E.g. lecture, SGD, DSL, Practical, skill lab etc etc

		THEME-III: LOIN PAIN AND DYSURIA	
		SUBJECT: PATHOLOGY	
1	Pyelonephritis	Discuss the etiology, clinico-pathological presentation, morphology and complications of Acute Pyelonephritis,	Lecture (1)
		Discuss the etiology, clinico-pathological presentation, morphology and complications of, chronic pyelonephritis	
		Discuss the etiology, clinico-pathological presentation, morphology and complications of drug induced nephritis	
2	Cystic	Classify the cystic diseases of Kidney	Lecture (1)
	Diseases of the Kidney	Describe the inheritance, Pathological features, Complications and prognosis of polycystic diseases of Kidneys.	
		Differentiate between the inheritance, pathological features, typical outcomes and clinical features of Adult and Childhood Polycystic Kidney Diseases	
		Differentiate between the inheritance, pathological features, typical outcomes and clinical features of Childhood Polycystic Kidney Diseases	
3	Urolithiasis	Enlist the types of Renal stones	Lecture (1)
		Discuss the etiology and pathogenesis of Renal stones Co-relate the occurrence of renal stones with different metabolic diseases	Lecture (1)
		Differentiate between the different renal stones on the basis of frequency, predisposing factors, urine PH and morphology.	
4	Neoplasms of	Classify the benign and malignant tumors of the Kidney.	Lecture (1)
	the Kidneys Renal cell carcinoma	Discuss the etiology, morphology and prognosis of Renal cell carcinoma	
5	Wilm's Tumor	Discuss the genetics, clinico-pathological features, morphology and prognosis of Wilm's tumor	-
6	Diagnosis and	Describe the various investigations to diagnose renal tumors albumin/creatinine ratio, urine for micro albumin)	
	management of renal tumors	Discuss management of renal tumors	-
7	Congenital anomalies of bladder	Describe the congenital anomalies of bladder and urethra	Lecture (1)
8	Acute Cystitis	Discuss the etiology, morphology clinico-pathological features and complications of Acute	

9	Chronic	Discuss the etiology, morphology clinico-pathological	
	Cystitis	features and complications of Chronic Cystitis.	
		SUBJECT: PHARMACOLOGY	
1	Urinary Tract	Describe the clinical pharmacology of drugs used in the	Lecture (1)
	Infection (UTI)	management of acute and chronic UTI (Co-trimoxazole,	
		Nitrofurantoin, Cephalosporins, Amoxacillin-clavulanic	
		acid, etc)	
		SUBJECT: COMMUNITY MEDICINE	
1	HIV/AIDS,	Describe HIV/AIDS in light of Risk groups, pathology,	Lecture (1)
	Syphilis	Diagnosis, treatment and Prevention	
		Describe Syphilis in terms of causative agent, incubation	
		period, transmission, manifestation, diagnosis treatment	
		and prevention.	_
2	Chlamydia,	Describe Chlamydia in terms of etiology, transmission,	
	Genital warts,	symptoms, treatment and prevention.	
	Gonorrhea	Describe Genital warts in terms of causes, transmission,	
		symptoms, treatment and prevention.	
		Describe Gonorrhea in terms of causes, transmission,	
		symptoms, treatment and prevention.	_
3	Human	Describe Human Papiloma Virus (HPV) in terms of causes,	
	Papiloma	types, transmission, symptoms, screening and prevention.	
	virus	SUBJECT: MEDICINE	
1	Autosomal	Define ADPKD	Locturo (1)
T	Dominant	Enlist/Interpret the criteria for diagnosing ADPKD	Lecture (1)
	Polycystic	Identify/interpret the genetic causes	
	Kidney	Identify/interpret the genetic causes	
	Disease	Identify/ symptoms and signs of ADFRD	
	(ADPKD)	Enumerate& interpret important investigations	_
	()	Construct a management plan	_
2	Urinary Tract	Define UTIs	Lecture (1)
2	Infections	Enlist the criteria for diagnosing UTIs	
	(UTIs)	Identify/Differentiate the complicated and uncomplicated	
	(0113)	UTIs	
		Identify symptoms and signs of UTIs	
		Identify the important complications	_
		Enumerate/discuss/ interpret/ important investigations	-
		Construct a management plan for a patient with UTI	
		SUBJECT: RADIOLOGY	
1	Urological	Uses of plain X-ray KUB (Kidney, ureter, bladder)	Lecture (1)
1	o o o o o o o o o o o o o o o o o o o	Role of CT in Urology	
1	Investigation		
1	Investigation		
1	Investigation	NUCLEAR SCANS DTPA Scan, DMSA Scan, MAG 3 Scan	-

		SUBJECT: SURGERY/UROLOGY	
1	Kidney Stones	Enlist factors predisposing to specific stone types	Lecture (1)
		Discuss evaluation of stone formers	
		Discuss clinical features and Diagnosis of renal stone	
		Describe renal stone treatment options	
2	Renal trauma	Describe Initial resuscitation of renal trauma patient	Lecture (1)
		Classify mechanism and grading of renal trauma	1 `´
		Discuss clinical and radiological assessment of renal	1
		trauma.	
3	Pelvic	Discuss management plan of renal trauma	
	Ureteric	Define PUJ obstruction	1
	junction	ENLIST etiology (congenital and acquired causes)	1
	obstruction in	Describe clinical presentation of PUJO	1
	adult (PUJO)	Interpret Investigations (renal ultrasound, IVU	1
		(Intravenous urography), MAG-3 renography, retrograde	
		pyelography)	
		JUSTIFY Management PLAN options (Endopyelotomy,	
		Pyeloplasty)	
4	Anomalies of	Describe various anomalies of renal tracts like Horseshoe	Lecture (1)
	renal fusion	kidney, Ectopic kidney, Renal agenesis, Malrotated kidney,	
	and ascent	Urinary tract duplication	
5	Renal Cell	Describe clinical presentation and investigation of RCC]
	Carcinoma	Enlist Treatment of localized RCC]
	(RCC)	construct Management of metastatic RCC	
		SUBJECT: OBS AND GYNAE	
1	Asymptomatic	Define asymptomatic bacteriuria	Lecture (1)
	bacteriuria	Describe the effects of asymptomatic bacteriuria on	
		pregnancy	
		Management plan of asymptomatic bacteriuria	
2	Acute	Define Acute Cystitis	
	symptomatic	Describe effects of asymptomatic bacteriuria	1
	urinary tract	Plan management of Acute Cystitis in pregnancy	1
	infections	Describe the effects of acute Pyelonephritis on pregnancy.	1
		Plan Management of acute Pyelonephritis	1
	·	SUBJECT: PEDIATRICS	
1	Urinary tract	Describe the types of UTI	Lecture (1)
2	infection (UTI)		. ,
		Discuss prevention and management of UTI in children]
MIT:	mode of informati	on transfer. E.g. lecture, SGD, DSL, Practical, skill lab etc etc	
		THEME-IV: URINARY RETENTION	
		SUBJECT: ANANTOMY	
1	Describe	Describe gross structure of kidney, ureter, bladder and	Lecture (1)
	applied	urethra	

	anatomy of	Describe the microscopic structure of prostate	
	ureters, urinary bladder, prostate and	Discuss the microscopic structure of urethra	
	urethra		
		SUBJECT: PATHOLOGY	
1	Obstructive Uropathy	Discuss the obstruction in urogenital tract at different levels.	Lecture (1)
		Discuss the effects of obstruction on function and morphology of kidney.	
		Describe clinico-pathological features and morphology of Hydronephrosis	
2	Tumors of urinary bladder	Classify tumors of urinary bladder.	Lecture (1)
3	ВРН	Discuss the etiology, pathogenesis, morphology, staging and prognosis of urothelial (Transitional Cell) Tumors	-
		Describe pathophysiology of Benign prostatic hypertrophy and risk factors	
4	Carcinoma prostate	Describe pathogenesis, risk factors and staging	
	·	SUBJECT: PHARMACOLOGY	
1	Drugs for	Classify the drugs used in the management of BPH	Lecture (1)
	benign prostatic hyperplasia	Enlist the alpha-adrenergic blocking drugs with special reference to those having specific affinity for prostate muscle	
		Describe the role of alpha blockers, 5-alpha reductase inhibitors (Finasteride) and combination therapy in BPH	-
		Enlist the adverse effects of the drugs used to treat BPH	
2	Carcinoma of prostate	Enlist the hormonal agents used in the management of Prostatic carcinoma.	
		Describe the mechanism of action of Gonadotropin- releasing hormone (Goserelin) and anti-androgens (Cyproterone acetate and Flutamide) in the management of Prostatic carcinoma	
	-	Enlist the anticancer chemotherapeutic agents used in the management of Prostatic carcinoma	
		SUBJECT: COMMUNITY MEDICINE	
1	Air Pollution	Define air pollution	Lecture (2)
	& air quality	Enumerate criteria pollutants	
	management	Describe the sources and limits of air pollutants	
	0		
	0	Describe the adverse effects of air pollutants on health	

		Describe the slabel educate offects of sin collution, erene	
		Describe the global adverse effects of air pollution- ozone	
2	Nicion	depletion, greenhouse effect, smog, acid rain	1
2 Noise		Define noise pollution	Lecture (1)
	pollution,	Explain adverse effects of noise pollution on health	-
	radiation	Describe factors effecting hearing loss	-
	pollution and its control	Enumerate acceptable noise standards	-
		Discuss the measures for prevention of adverse effects of noise	
		Classify different types of radiations to which humans are exposed	
		Describe the adverse effects and preventive measure of different type of nonionizing radiations	
3	Waste	Explain the importance of waste management in health	Lecture (2)
	management	Describe management of waste [organic of human and animal origin] as per water carriage system	
		Describe the management of waste [organic of human and animal origin] as per conservancy system	
		Describe management of solid waste [refuse]	
4	Hospital	Define hospital waste management	Lecture (1)
waste management		Explain the importance of hospital waste management in health	
		Classify hospital waste	
		Know the impacts of improper hospital waste management on health	
		Describe the methods to minimize hospital waste	
		Describe the methods of treatment of hospital waste	
		Explain the waste management trends in developing countries	
5	Disasters and	Define disaster management	Lecture (1)
	health	Describe classification of disasters	
		Describe the mortality & morbidity due to disaster itself & mismanagement of disaster relief activities	
		Describe pre-disaster management	
		Describe post disaster management in immediate,	
		intermediate and long term stages	
		Discuss management and preventive measures from	
		previous disasters	
		Describe the history of disasters in Pakistan	
		SUBJECT: SURGERY/UROLOGY	
1	carcinoma of	Discuss clinical Presentation of bladder cancer	Lecture (1)
	urinary	Describe diagnosis and clinical staging of bladder cancer	. ,
	bladder	Construct management Plan of bladder cancer	
2	Enlarged	Define IPSS (International prostate symptoms scoring) for	Lecture (1)
	Prostate	enlarged prostate	

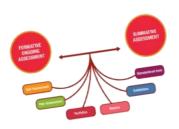
		Describe watchful waiting for enlarged prostate	
		Enlist medical management of BPH	
		Minimal invasive management of BPH	
		Invasive surgical surgeries	
		TURP (transurethral resection of prostate)	
		Open prostatectomy	
3	Carcinoma prostate	Describe clinical presentation and management	
4	Urinary	Define urinary incontinence	Lecture (1)
	Incontinence	Classify& discuss	
		Urinary incontinence	
		Nocturnal enuresis	
		Enlist causes and pathophysiology	
		Describe evaluation of incontinence	
		Enumerate Investigation of incontinence	
		Describe conservative treatment options surgical options	
5	Urethral strictures	Describe etiology, Presentation, investigation and management of urethral stricture	Lecture (1)
6	Posterior urethral valve	Discuss clinical presentation and management of Posterior urethral valves (PUV)	

PRACTICAL WORK

		SUBJECT: PATHOLOGY	
SNO	Topics	Learning Outcomes	MIT (Hours)
1	Urine collection methods, physical examination of urine specimen	Demonstrate the procedure of urine collection, physical examination volume, color, appearance, pH of specimen.	Lab work (2)
2	Microscopic examination of centrifuge specimen	Perform the physical examination of urine and prepare report of an abnormal urine with pyuria and hematuria Interpret the results.	
3	Chemical examination of non-	Demonstrate substances for chemical examination and the different procedures of detection of protein in urine.	Lab work (2)
	centrifuged urine	Demonstrate the Principle of protein detection by heat method in urine	
	specimen	Perform the heat and acetic acid test and the test for Bence Jones protein. Interpret the results	
		Demonstrate the tests for detection of reducing	

	•		
		substances in urine and the principle of Benedict's test	
		Perform the Benedict's test.	
		Interpret the results	
		Demonstrate the substances seen in urine under	
		microscope i.e. cells (Pus cells, RBCs, Epithelial cells and	
		other different cells), Crystals, castes etc	
		Prepare the sediment for urine examination	
		Detect various substances in a slide prepared from	
		sediment under the microscope Interpret the results	
4	Urine	Demonstrate the Staining methods and their principles for	Lab work
	staining, and	urine specimens of acute and chronic UTI	(2)
	culture	Identify the uropathogens shown in the slide	
		Demonstrate sterilized methods for collections of	
		specimens for culture and sensitivity.	
		Perform a practical for culture and sensitivity by disc	
		diffusion method for any uropathogen.	
		SUBJECT: PHARMACOLOGY	
SNO	Topics	Learning Outcomes	MIT
1	Prescriptions	Formulate prescriptions for acute and chronic UTI	Lab work
	for acute and		(2)
	chronic UTI		

Hours Distr	ibution
Theor	У
Discipline	No. of hours
Anatomy	02
Physiology	02
Biochemistry	01
Pathology	20
Pharmacology	02
Forensic Medicine	02
Community Medicine	17
General Medicine	10
Paediatrics	03
Surgery /Urology	11
Gynae & Obstetrics	01
Family Medicine	01
Radiology	02
Total	74
Practical/	SGDs
Pathology	06
Pharmacology	02
Total	08



Examination and Methods of Assessment:

The year-4 will be assessed in 5 blocks.

- 1) Block-1 (Neurosciences-2 module) will be assessed in paper-J.
- 2) Block-2 (GIT and hepatobiliary module-2 will be assessed in paper-K.
- 3) Block-3 (Renal-2, Endocrine and Reproduction-2 module) will be assessed in paper-L.
- 4) Block-4 (ENT module) will be assessed in paper M-1.
- 5) Block-5 (Eye module) will be assessed in paper M-2.
- Each written paper consists of 120 MCQs except for ENT & Eye papers which includes 90 MCQs each.
- 7) Internal assessment will be added to final marks in KMU.
- 8) For ENT (M-1 module) and Eye (M-2 module), the marks allocated for each OSCEstation will be 5, while the rest of the modules are allotted 6 marks per OSCE station.
- Practical assessment will be in the form of OSPE/OSCE which will also include embedded viva stations.
- 10) The details of each section are given in the tables below.

	Assessment Plan for 4 th Year MBBS					
Theory paper	Modules	Theory marks	Internal assessment theory (10%)	OSPE/OSPE	Internal assessment OSPE/OSPE (10%)	TOTAL MARKS
Paper J	Neurosciences-2	120	13	120	13	266
Paper K	GIT-2	120	13	120	13	266
Paper L	Renal-2 and Endocrine and Reproduction	120	14	120	13	267
Paper M-1	ENT	90	10	75*	8	183
Paper M-2	EYE	90	10	75*	8	183
Research**						35
Total Marks		480	53	500	67	1200

*For ENT (M-1 module) and Eye (M-2 module), the marks allocated for each OSCE station will be 5, while the rest of the modules are allotted 6 marks per OSPE/OSCE station.

**Research viva of 20 marks will be conducted in paper-L. However, the rest of the 15 markswill be decided by the concerned department internally for the contribution of the studentsin research project/thesis.

Paper-L (Renal-2, and Endocrine and Reproduction-2)

Subject	Renal-2	Endocrine and Reproduction-2	Total MCQs
Community medicine	11	6	17
Pharmacology	02	07	09
Pathology	11	12	23
Forensic medicine	01	06	07
Surgery	06	03	09
Gynaecology	01	39	40
Medicine	05	05	10
Pediatrics	02	01	03
Family medicine	01	01	02
Total	40	80	120

MCQs

OSPE/OSCE

00. 27 0002				
Subject	Viva	OSPE/OSCE	Total	
	stations	stations		
Pharmacology	2	1	3	
Pathology	2	2	4	
Forensic medicine	2	1	3	
Community	2	4	8	
medicine				
Research viva	2**	х		
Gynecology	1	2	3	
Medicine	0	1	1	
(Endocrinology/DM)				
Total	11	11	22	

* A minimum of 22 stations will be used in final exams. The total marks will be 120 (6 marks for each station).

**there will be 2 allocated stations for research viva (one internal and one external)at one time for which the number of marks for each station will be 10 (with a totalof 20 marks) allocated for research viva plus 15 marks for conducting research). A total of 35 marks have been allocated for the thesis (research project).

Exam. Roll No.

DEPARTMENT OF COMMUNITY MEDICINE AYUB MEDICAL COLLEGE ABBOTTABAD

Photograph

.....

Class Roll No:		
Mr/Miss:		
Father's Name:	Domicile:	
Present Address:		_

RECORD OF ATTENDANCE

MONTHS	SESSION STARTED	TOTAL HOURS TAKEN	TOTAL ATTENDANCE	PERCENTAGE
March	2021			
June	2021			
July	2021			
August	2021			
September	2021			
October	2021			
November	2021			
December	2021			
R/Project	2021			
TOTAL	2021			

VISIT TEST/ R. PROJECT

Visit Test (=/20)		
Research project (=/25)		

RECORD OF PERFORMANCE

TEST	MARKS	REMARKS
Test No. 1		
Test No. 2		
Test No. 3		
Test No. 4		
Total (=/10)		

PAST ACADEMIC RECORD

Result

Result

2 nd Professional Exam	Session
3 rd Professional Exam	Session

Remarks by the Tutor_____



8 Learning Opportunities and Resources

a. Books:

Recommended books: (Anatomy)

- Gray's Anatomy by Henry Gray.
- Last's Anatomy: Regional and Applied by R J Last
- Snell's clinical anatomy by regions
- Atlas of human anatomy by Netter
- Gray's anatomy for students
- Clinically oriented anatomy by KL.Moore
- Junqueira's basic histology
- DiFiore's Atlas of histology

Recommended books: (Physiology)

Recommended books: (Biochemistry)

Recommended books: (Pathology)

- Robbins basic Pathology first south Asia edition
- Chemical Pathology for the beginner by Ammir Ejaz

Recommended books: (Pharmacology)

- Basic & Clinical Pharmacology, 14th edition
- Goodman Gilman's The Pharmacological Basis of Therapeutics, 13th edition
- Lippincott Illustrated Reviews Pharmacology, 7th edition

Recommended books: (Forensic Medicine)

Recommended books: (Community Medicine)

- Park K. Park's textbook for preventive and social medicine. 23rd ed. Bhanot publishers: Jabalpur;2015
- Ansari I. Textbook of Community Medicine

Recommended books: (Pediatrics)

Recommended books: (Medicine)

Recommended books: (Family Medicine)

Recommended books: (Surgery/Urology)

Recommended books: (Obs and Gynae)

Recommended books: (Radiology)

b. Website:

Recommended books: (Community Medicine) Link for free download PDF Park's textbook for preventive and social medicine: https://medicalstudyzone.com/download-parks-textbook-of-preventive-and-socialmedicine-25th-edition-pdffree/#Download Park8217s Textbook of Preventive and Social Medicine PDF free

			9 Tir	netables			
	Departm	AYUB nent of Medical Ec	ducation	. COLLEGE, ABB Renal II Module s Session 2023			
Day/Date	8 – 9 AM	9 – 10 AM	10 AM - 12 PM	12 – 12.45 PM		1.15 – 2 PM	2 – 3 PM
Monday	Anatomy L1 Applied anatomy of Renal System Dr. Sara Jadoon	Physiology L1 GFR Dr. Mansoor		Sports week inauguration ceremony		Sports week inauguration ceremony	Sports week inauguration ceremony
Tuesday	Biochemistry L1 Acid – Base balance & disorders Dr. Fizza Gul	Physiology L2 Absorption of water and solutes Dr. Mansoor	uo	Pathology L1 Basic terms related with renal pathology Dr. Fiaz Ahmad	12.45 to 1.15 Prayer Break	Research Project Research objectives Methodology All groups to report respective superviso	
Wednesday	Pathology L2 Glomerular diseases Dr. Fiaz Ahmad	Paediatrics L1 Acute Post- streptococcal GN Dr. Madeeha Rehman	Clinical Ward Rotation	Medicine L1** Interpretation of urinalysis Dr. Tauqir Ahmad	12.4 Pra	Community Med. L1 Introduction to Environmental Health Dr. Awais	Community Med. L2 Research Project Writing DSL
Thursday	Paediatrics L2 Nephrotic syndrome Dr. Madeeha Rehman	Pathology L3 Glomerular diseases Dr. Fiaz Ahmad	σ	Medicine L2 Nephrotic syndrome Dr. Adnan		Dr. Awais Research Project Research objectives & Methodology All groups to report to respective supervisors 45 to 2 PM z e Jumma and inch Break Project Writing DSL	
Friday	Medicine L3 Nephritic syndrome Dr. Ayesha Aziz	Pathology L4 Acute Tubular Injury Dr. Fiaz Ahmad		Medicine L4 Electrolyte abnormalities (Sodium) Dr. Haider Zaman	Namaz		

Day/Date	8 – 9 AM	9 – 10 AM	10	12 – 12.45 PM		1.15 – 2 PM	2 – 3
			AM –				PM
			12				
			PM				
Monday	Pathology L5	Medicine L5		Community		Research Pro	oject
	Vascular	Electrolyte		Med. L2		Questionna	aire
	events	abnormalities		Water Pollution		Developm	ent
	Dr. Fiaz	(Potassium)		Dr. Awais		Groups to rep	ort to
	Ahmad	Dr. Yasir Gilani				respective supe	ervisors
Tuesday	Medicine L6	Community Med.		Pathology L7		Research Pro	oject
	Acute Kidney	L3		Renal Function		Questionna	
	Injury	Water Quality		Test		Developm	
	Dr. Nighat	Management		Dr. Rubina	-11 eal	Groups to rep	
	Jamal	Dr. Awais		Faisal Paul	12.45 to 1.15 Prayer Break	respective supe	ervisors
Wednesday	Forensic Med.	Pathology L8		Surgery L1	er t	Community	
	L1	AKI/CRF &	_	Renal	ay a	Med. L4	
	Ethics of organ	Interstitial	ior	Transplant	12 Pr	Water Quality	SDL
	transplant	glomerulonephritis	tat	surgery		Management	
	Dr. Nighat	Dr. Fiaz Ahmad	Sol	Dr.		Dr. Awais	
	Seema		ц р	Muhammad			
			/ar	Shahzad			• •
Thursday	Medicine L8	Community Med.	Clinical Ward Rotation	Medicine L9		Research Pro	•
	Renal	L5	ica	Acute Renal		Data collecti	on &
	Replacement	Water Quality	lin	presentations –		entry	
	Therapy	Management	Ū	Primary care		(Each student	
	Dr. Ayesha	Dr. Awais		management &		submit the f	
	Aziz			Red Flags		questionnaire	
				Dr. Tauqir		respective supe	ervisor)
Friday	Pathology L9	Community Med.	-	Ahmad Pharmacology	12 /	45 to 2 PM	
1-9-2023	Pyelonephritis	L6		L1			SDL
1.2-2023	& Cystic	Water Quality		Urinary Tract		e Jumma and	JUL
	diseases of the	Management		Infection	Lui	nch Break	
	kidney	Dr. Awais		Dr. Azfar Kamal			
	Dr. Fiaz						
	Ahmad						
	Annau						

Day/Date	8 – 9 AM	9 – 10 AM	10 AM – 12 PM	12 – 12.45 PM		1.15 – 2 PM	2 – 3 PM
Monday Tuesday	Pathology L10 Urolithiasis Dr. Fiaz Ahmad Surgery/Urology L2 Kidney Stone Dr. Nasir Jameel	Medicine L9 Urinary Tract Infections Dr. Fakhar Zaman Com. Medicine L7 HIV/AIDS/Syphilis Dr. Awais		Paediatrics L3 Urinary Tract Infections Dr. Madeeha Rehman Radiology L1 Urological investigations Dr. Waheed		Data collec (Each stu submit questionn respective Researc Data collec (Each stu submit	h Project tion & entry dent shall the filled aire to the supervisor) h Project tion & entry dent shall the filled
Wednesday	Pathology L11 Neoplasms of kidneys, Renal cell carcinoma, Wilm's Tumour, Tumour diagnosis Dr. Fiaz Ahmad	Surgery/Urology L3 Renal Trauma Dr. Nasir Jameel	Clinical Ward Rotation	Khan Radiology L2 Urological investigations Dr. Waheed Khan	12.45 to 1.15 Prayer Break	respective Medicine L10 Autosom al Dominan t Polycystic Kidney Disease Dr.	aire to the supervisor) Com. Medicine L8 Chlamydia, Congenital warts, Gonorrhoe a, HPV Dr. Awais
Thursday	Surgery/Urology L4 PUJ obstruction in adults Dr. Nasir Jameel	Gynae/Obs L1 Asymptomatic bacteriuria & acute symptomatic UTI Dr. Ansa Islam		Com. Medicine L9 Air pollution air quality management Dr. Awais		Data collec (Each stu submit questionn respective	h Project tion & entry dent shall the filled aire to the supervisor)
Friday	Com. Medicine L10 Air pollution air quality management Dr. Awais	Pathology L12 Congenital anomalies of bladder & Acute/Chronic Cystitis Dr. Fiaz Ahmad		Surgery/Urology L5 Anomalies of renal fusion & ascent, RCC Dr. Fahim	Nama	to 2 PM z e Jumma and ch Break	SDL

							11
Day/Date	8 – 9 AM	9 – 10 AM	10 AM - 12 PM	12 – 12.45 PM		1.15 – 2 PM	2 – 3 PM
Monday	PRAC Batch – A: Patholo Batch – B: Commu Batch – C: Pharma Batch – D: Researd Medicine)	ogy unity Medicine acology		Pathology L13 Obstructive uropathy & tumours of urinary bladder Dr. Fiaz Ahmad		Com. Medicine L11 Noise & Radiation Pollution and Control Dr. Awais	Research Project Data Entry DSL
Tuesday	PRAC Batch – A: Resear Medicine) Batch – B: Patholo Batch – C: Commu Batch – D: Pharma	ch (Com. Pgy unity Medicine	Ę	Com. Medicine L12 Waste Management Dr. Awais	12.45 to 1.15 Prayer Break	Pathology L14 BPH & Carcinom a Prostate Dr. Fiaz Ahmad	Research Project Data Entry DSL
Wednesday	Pharmacology L2 Drugs for BPH & carcinoma prostate Dr. Azfar Kamal	Com. Medicine L13 Waste Management Dr. Awais	Clinical Ward Rotation	Surgery/Urolog y L6 Enlarged prostate & Carcinoma Prostate Dr. Muhammad Shahzad		Batch – A: F	
Thursday	Surgery/Urolog y L7 Urinary incontinence Dr. Aminullah Afridi	Com. Medicine L14 Hospital Waste Management Dr. Awais		SDL		Batch – A: C Medicine Batch – B: F	Pharmacology Research (Com.
Friday	Com. Medicine L15 Disaster & Health Dr. Hina	Surgery/Urolog y L8 Urethral stricture & Posterior urethral valve Dr. Aminullah Afridi		Com. Medicine L16 Disaster & Health Dr. Hina	12.45	to 2 PM	SDL/Researc h project writing

Practical

Pathology: Urine collection methods, Physical examination of urine & microscopic examination of centrifuged specimen

Pharmacology: Prescription for Acute and Chronic UTI, **Community Medicine:** Water sources and sand filters

Day/Date	8 – 9 AM	9 – 10 AM	10 AM - 12 PM	12 – 12.45 PM		1.15 – 2 PM	2 – 3 PM
Monday	PRA Batch – A: Pat Batch – B: Pat Batch – C: Cor Medicine Batch – D: SDI preparation)	hology – 2 nmunity		SDL Preparation		Data entry, Result (Each group	h Project analysis and writing to report to supervisor)
Tuesday	PRA Batch – A: SDI preparation) Batch – B: Pat Batch – C: Pat Batch – D: Con Medicine	hology – 1 hology – 2	Sotation	SDL Preparation	12.45 to 1.15 Prayer Break	Data entry, Result (Each studen the filled que	h Project analysis and writing t shall submit estionnaire to re supervisor)
Wednesday			Clinical Ward Rotation		<u> 1</u> 7	PRAC Batch – A: Co Medicine Batch – B: SD preparation) Batch – C: Pat Batch – D: Pa	L (Block exam hology – 1
Thursday						PRACTICAL Batch – A: Pathology – 2 Batch – B: Community Medicine Batch – C: SDL (Block exam preparation) Batch – D: Pathology – 1	
Friday					12.45	5 to 2 PM	SDL for Block Exam

Practical

Pathology – 1: Chemical examination of non-centrifuged urine specimen,

Pathology – 2: Urine staining and culture

Community Medicine: Incinerators/ waste disposal methods

10 For inquiry and troubleshooting



Please contact Dr. Adnan Rasheed(0333-9974207) Module Coordinator dr.adnanrashid@gmail.com

11 Course Feedback Form

Course Title:									
Semester/Module Dates:									
Please fill the short questionnaire to make the cou	ırse better.								
Please respond below with 1, 2, 3, 4 or 5, where 1	and 5 are explained.								
THE DESIGN OF THE MODLUE									
A. Were objectives of the course clear to you?	Y N								
B. The course contents met with your expectatio	ns								
I. Strongly disagree	5. Strongly agree								
C. The lecture sequence was well-planned									
I. Strongly disagree	5. Strongly agree								
D. The contents were illustrated with									
I. Too few examples	5. Adequate examples								
E. The level of the course was									
I. Too low	5. Too high								
F. The course contents compared with your expe	ectations								
I. Too theoretical	5. Too empirical								
G. The course exposed you to new knowledge an	d practices								
I. Strongly disagree	5. Strongly agree								
H. Will you recommend this course to your collea	igues?								
l. Not at all	5. Very strongly								
THE CONDUCT OF THE MODLUE									
A. The lectures were clear and easy to understan	d								
I. Strongly disagree	5. Strongly agree								
B. The teaching aids were effectively used	3. Strongly agree								
I. Strongly disagree	5. Strongly agree								
C. The course material handed out was adequate									
I. Strongly disagree	5. Strongly agree								
D. The instructors encouraged interaction and we I. Strongly disagree									
E. Were objectives of the course realized? Y	5. Strongly agree								

F. Please give overall rating of the course

90% - 100%	()	60% - 70%	()
80% - 90%	()	50% - 60%	()
70% - 80%	()	below 50%	()

Please comment on the strengths of the course and the way it was conducted.

Please comment on the weaknesses of the course and the way it was conducted.

Please give suggestions for the improvement of the course.

Optional – Your name and contact address:

Thank you!!